

# Transform Your Life with Bach-Flower Therapy

## A practical workshop for balance and healing

with expert  
**Lisa Berman**

**Saturday/Sunday**  
**September 28/29, 2013**  
**9am - 4:15pm**



### **Costs:**

Early registration by  
September 18 with PayPal to  
[lisa@bermanhealingarts.com](mailto:lisa@bermanhealingarts.com):  
US \$245 - \$295 sliding scale

After September 18 and at  
the door: US \$295

**Location:**  
Vancouver

**Registration:**  
Samantha Jennings  
<[doctorsamj@zianet.com](mailto:doctorsamj@zianet.com)>

**Well-Being is more than feeling physically healthy.**  
**It is living your authentic True Nature where you feel**  
**emotionally balanced, peaceful, inspired, creative, joyful,**  
**trustful, and loving.**

In this workshops, you will:

- learn about the healing and transformative power of the 38 Bach-Flower Essences.
- get a profound insight about each flower and the corresponding emotional state.
- learn about the psychosomatic aspect of illness and disease.
- develop a deep understanding of the the differences and similarities among the Bach Flowers via exercises, case studies and practical examples.

- learn how to create a formula for emotional well-being, body/mind health issues, and Soul development.

**About:** Lisa Berman, an expert in Bach Flower therapy, is a passionate and inspirational holistic health counselor, author and workshop facilitator. Her emphasis is on psychosomatic counseling, transformative life-coaching and "spiritual midwifery." Her professional experience spans 20 years in Germany and 10 in the U.S. She is an adjunct professor at Bastyr University since 2005.  
[www.BermanHealing.com](http://www.BermanHealing.com)